

MATI	
HORARI	DIJOURS
8:00 a 8:50	
8:00 a 8:45	
8:30 A 9:20	
9 :00 A 9:30	
9:30 a 10:15	AQUA ZUMBA
9:30 a 10:20	B PUMP
9:30 a 10:20	SPINNING
10:00 a 10:50	PILATES II(2)
10:30 a 11:20	B.JAM
10:30 a 11:20	
10:30 a 11:20	
11:45 a 12:30	
MIG DIA	
HORARI	DIJOURS
14:30 a 15:20	SPINNING
15:20 a 16:10	B BALANCE
15:50 a 16:35	AQUADYNAMIC
16:10 a 17:00	
TARDA	
HORARI	DIJOURS
17:05 a 17:55	ZUMBA
18:00 a 18:50	SPINNING
18:00 a 18:50	BODY BALANCE
19:00 a 19:50	GAC
19:00 a 19:50	SPINNING
19:30 a 20:15	AQUADYNAMIC
19:30 a 20:20	
20:00 a 20:50	BODY PUMP
20:30 A 21:20	